Visually
Speaking
Christa Sterken

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And I am convinced that NOTHING
can ever SEPARATE us from GOD'S LOVE.
Neither DEATH nor LIFE, neither
ANGELS nor DEMONS, neither our FEARS
for today nor our WORRIES about
tomorrow—not even the POWERS of hell
can SEPARATE us from God's LOVE.
ROMANS 8:28
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Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.
1 Peter 5:6

A time to cry and a time to laugh
Ecclesiastes 3:4
A time to grieve and a time to dance
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BUT THOSE WHO HOPE IN THE LORD
WILL RENEW THEIR STRENGTH.
They will soar on wings like eagles
Isaiah 40:31
THEY WILL RUN AND NOT GROW WEARY,
THEY WILL WALK AND NOT BE FAINT
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BUT THE LORD LOOKS AT THE HEART
1 samuel 16:7
The Lord doesn't see things the way you see them. People judge by outward appearance,

But the Holy Spirit produces this kind of fruit in our lives:
love
joy
peace
patience
kindness
goodness
faithfulness
gentleness
and
self- control
Against such things there is no law
Galatians 5:22
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FOR WE ARE GOD'S MASTERPIECE.
HE HAS CREATED US ANEW IN
CHRIST JESUS, SO WE CAN DO THE
GOOD THINGS HE PLANNED FOR
US LONG AGO
Ephesians 2:10

I live in a high and holy place...
but also with him who is contrite
and lowly in spirit,
to revive the spirit of the lowly
and to revive the heart of the contrite
Isaiah 57:15b
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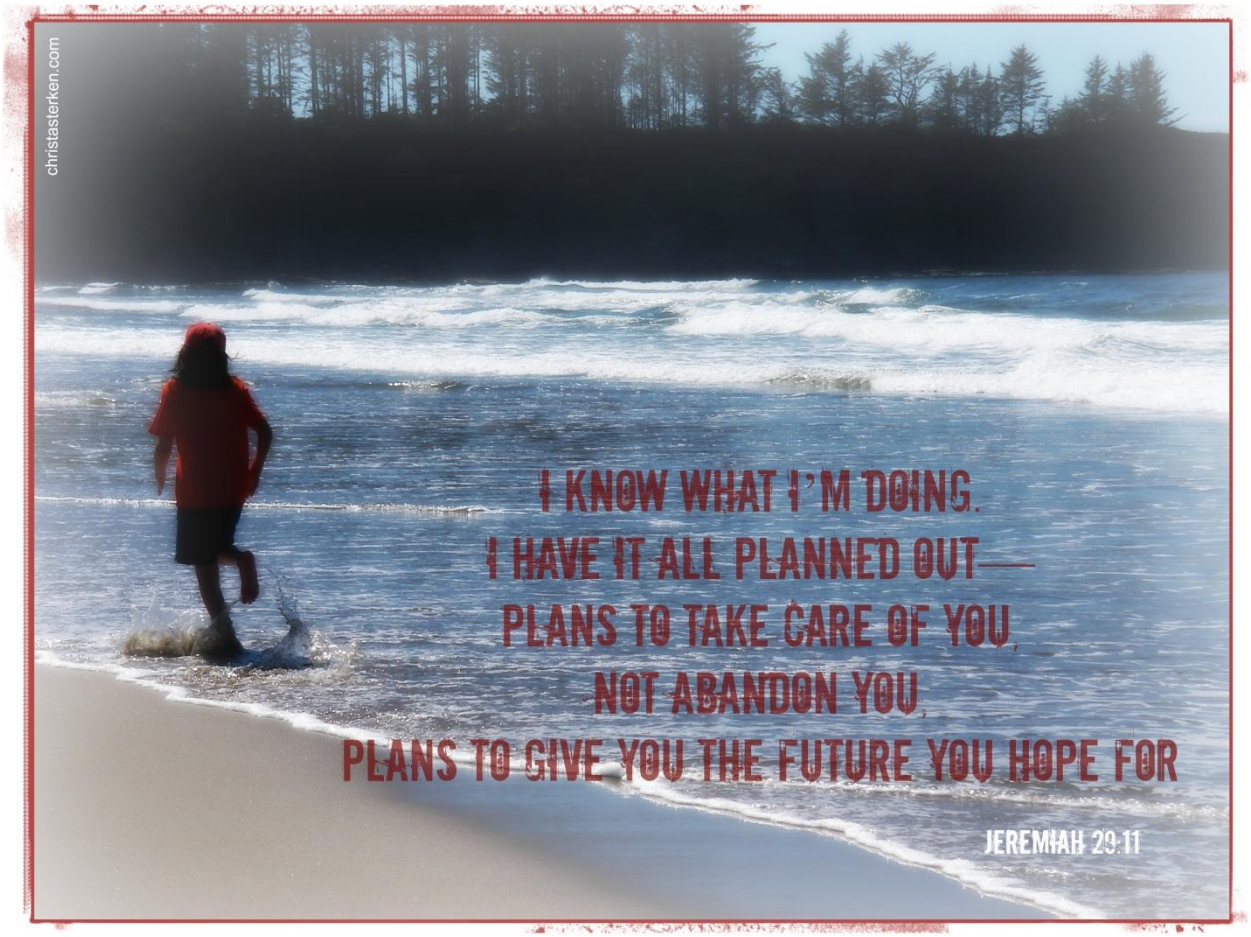
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I KNOW WHAT I'M DOING.
I HAVE IT ALL PLANNED OUT—
PLANS TO TAKE CARE OF YOU,
NOT ABANDON YOU,
PLANS TO GIVE YOU THE FUTURE YOU HOPE FOR
JEREMIAH 29:11

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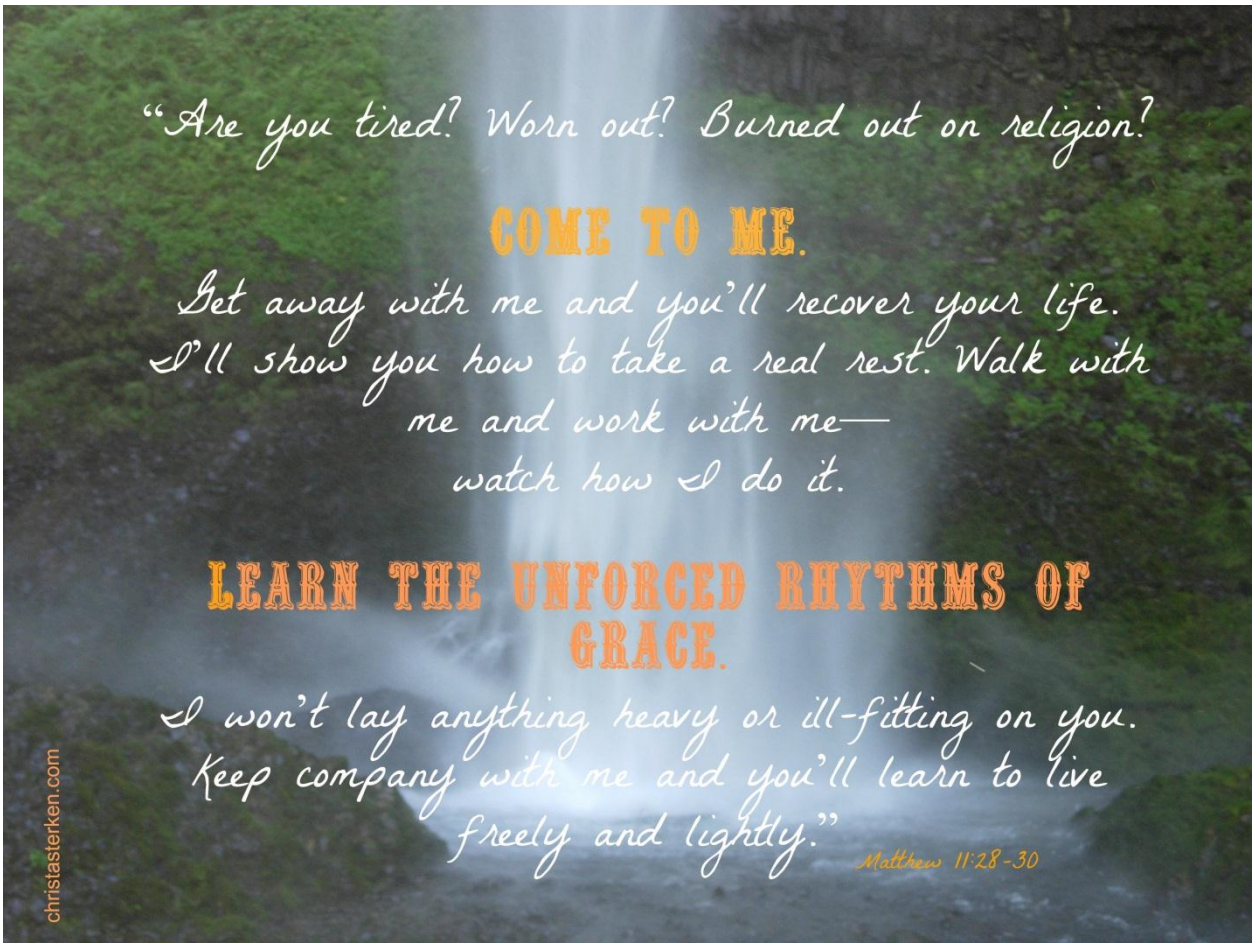
Because of the Lord's great love we are not consumed
for his compassions never fail
They are new every morning
Lamentations 3:22-23a


"Are you tired? Worn out? Burned out on religion?
COME TO ME.
Get away with me and you'll recover your life.
I'll show you how to take a real rest. Walk with
me and work with me—
watch how I do it.
LEARN THE UNFORCED RHYTHMS OF GRACE.
I won't lay anything heavy or ill-fitting on you.
Keep company with me and you'll learn to live
freely and lightly."
Matthew 11:28-30
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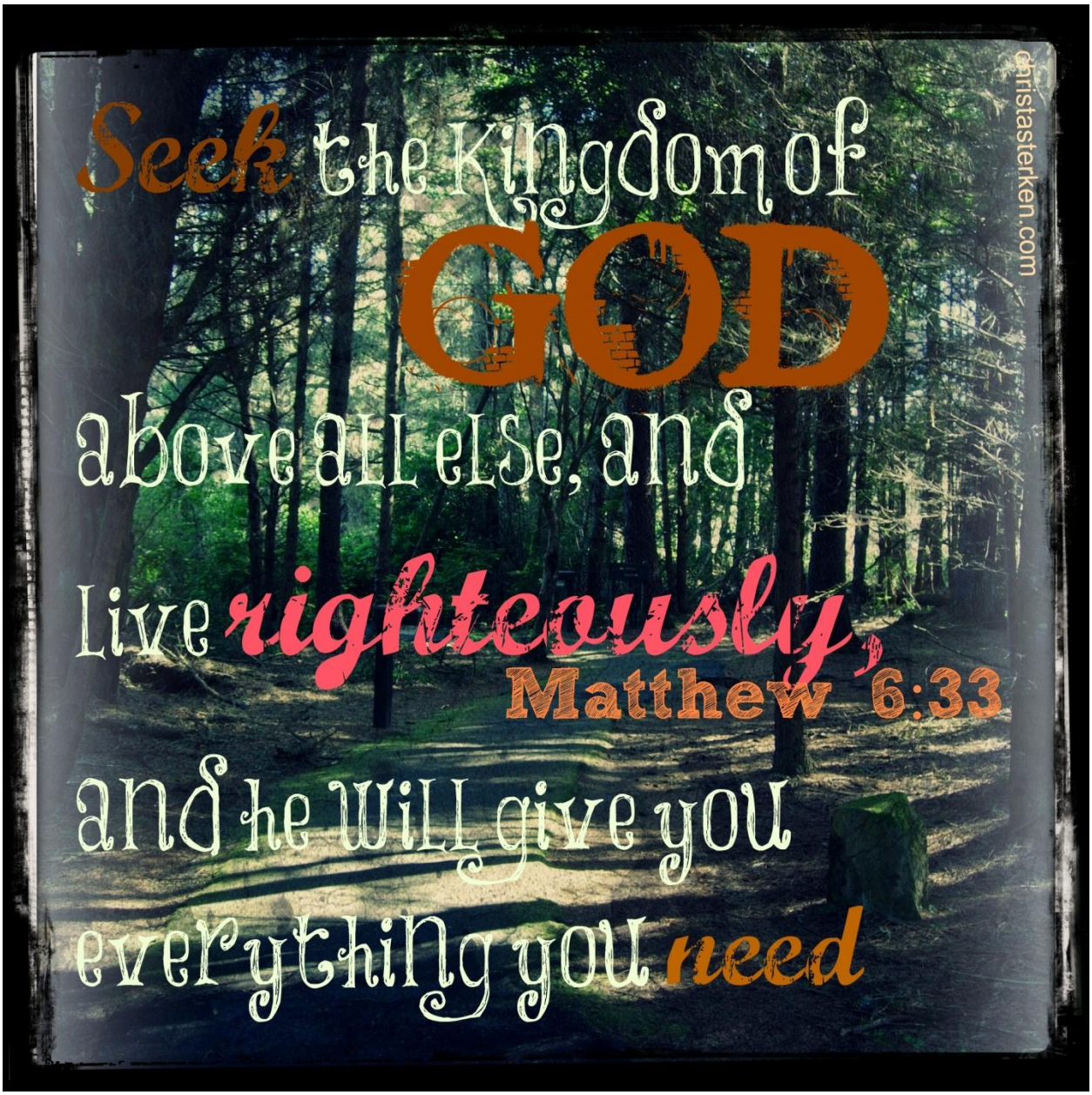
Seek the Kingdom of
GOD
above all else, and
Live righteously,
Matthew 6:33
and he will give you
everything you need
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Once again you will have compassion on us
You will trample our sins under your feet
and throw them into the depths of the ocean!
Micah 7:19
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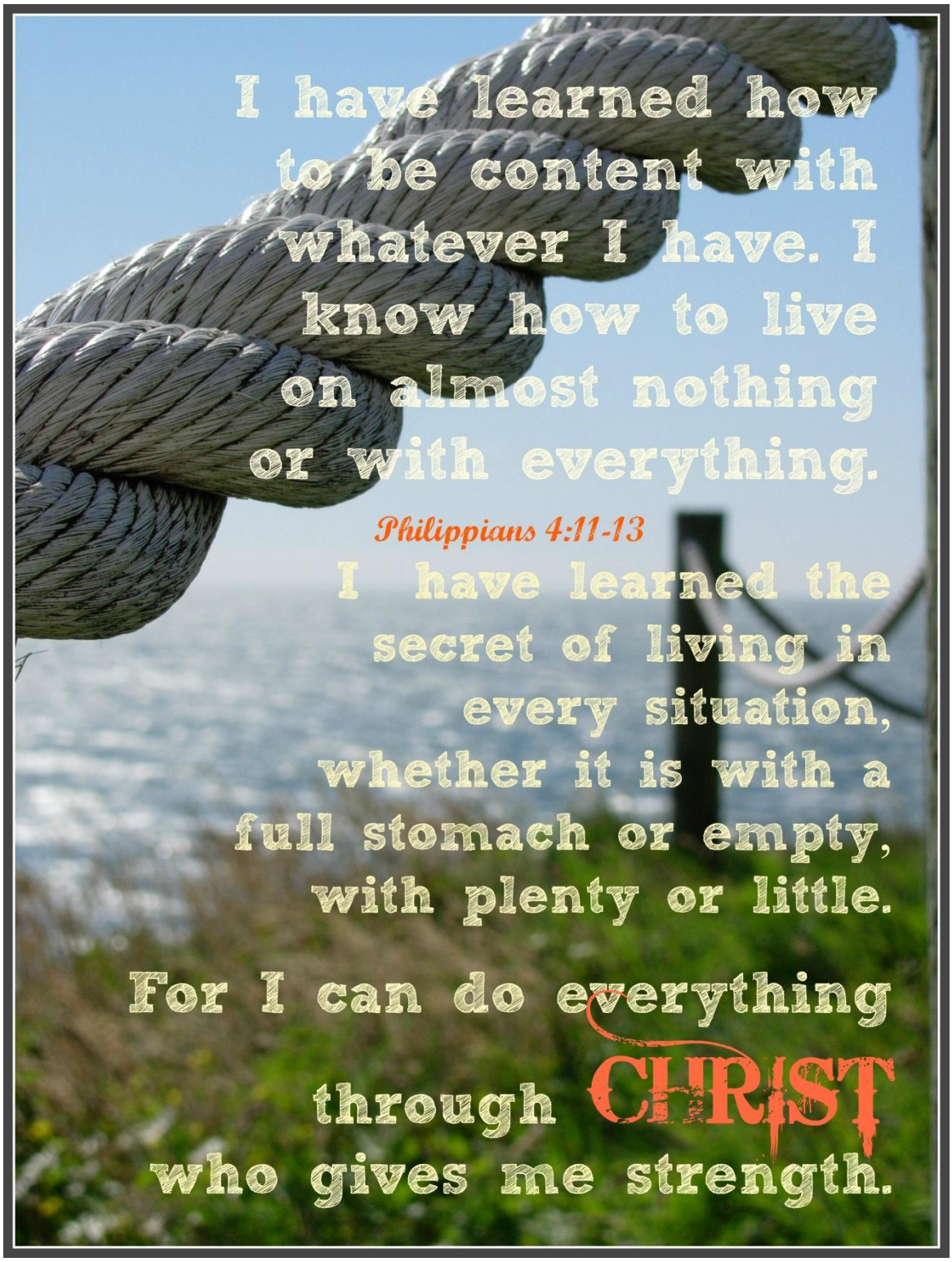
I have learned how
to be content with
whatever I have. I
know how to live
on almost nothing
or with everything.
Philippians 4:11-13
I have learned the
secret of living in
every situation,
whether it is with a
full stomach or empty,
with plenty or little.
For I can do everything
through CHRIST
who gives me strength.

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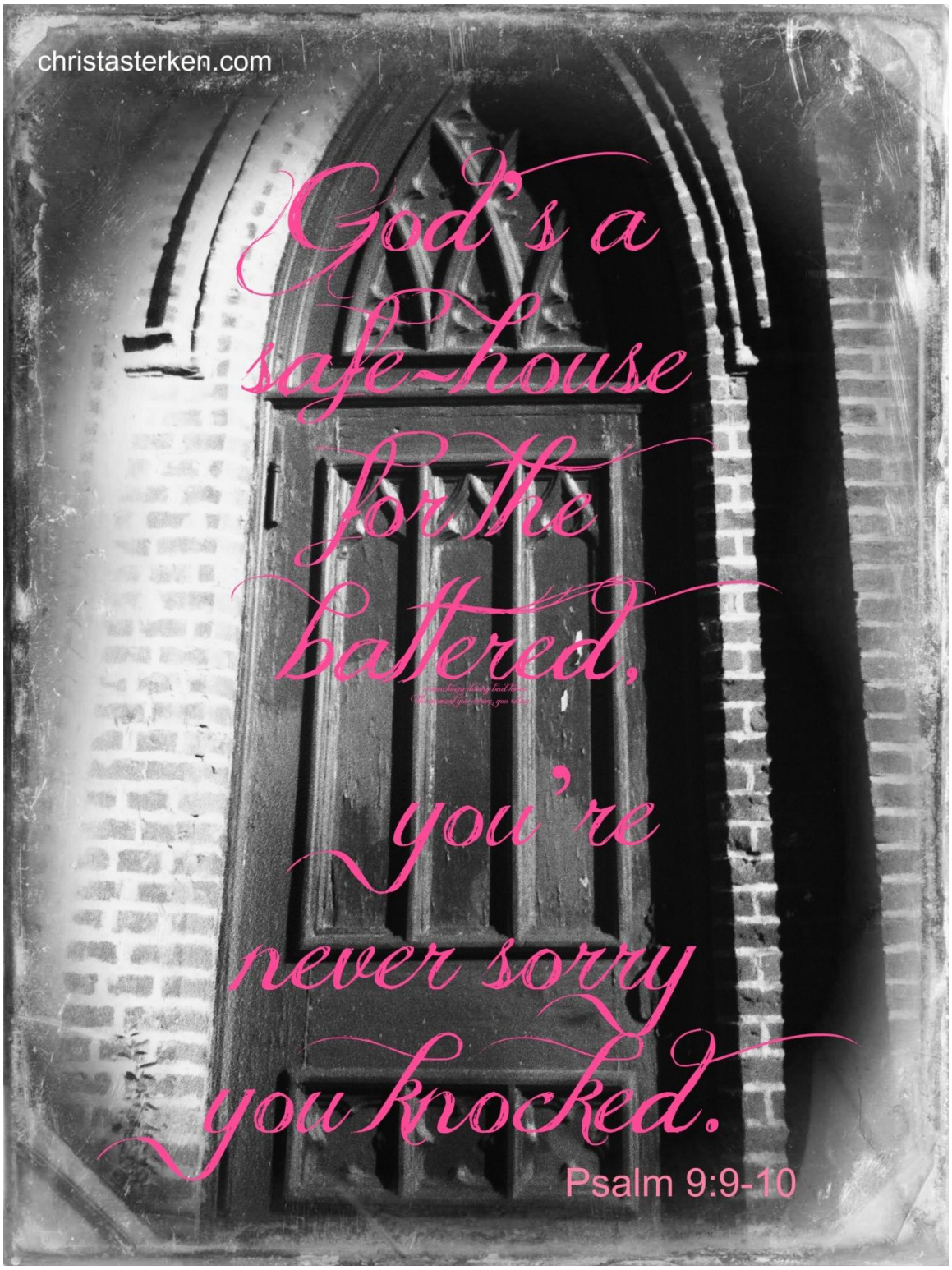
Who is
man that
You are
mindful
of us?
Psalm 8:4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God's a safe-house for the battered,
you're never sorry you knocked.
Psalm 9:9-10

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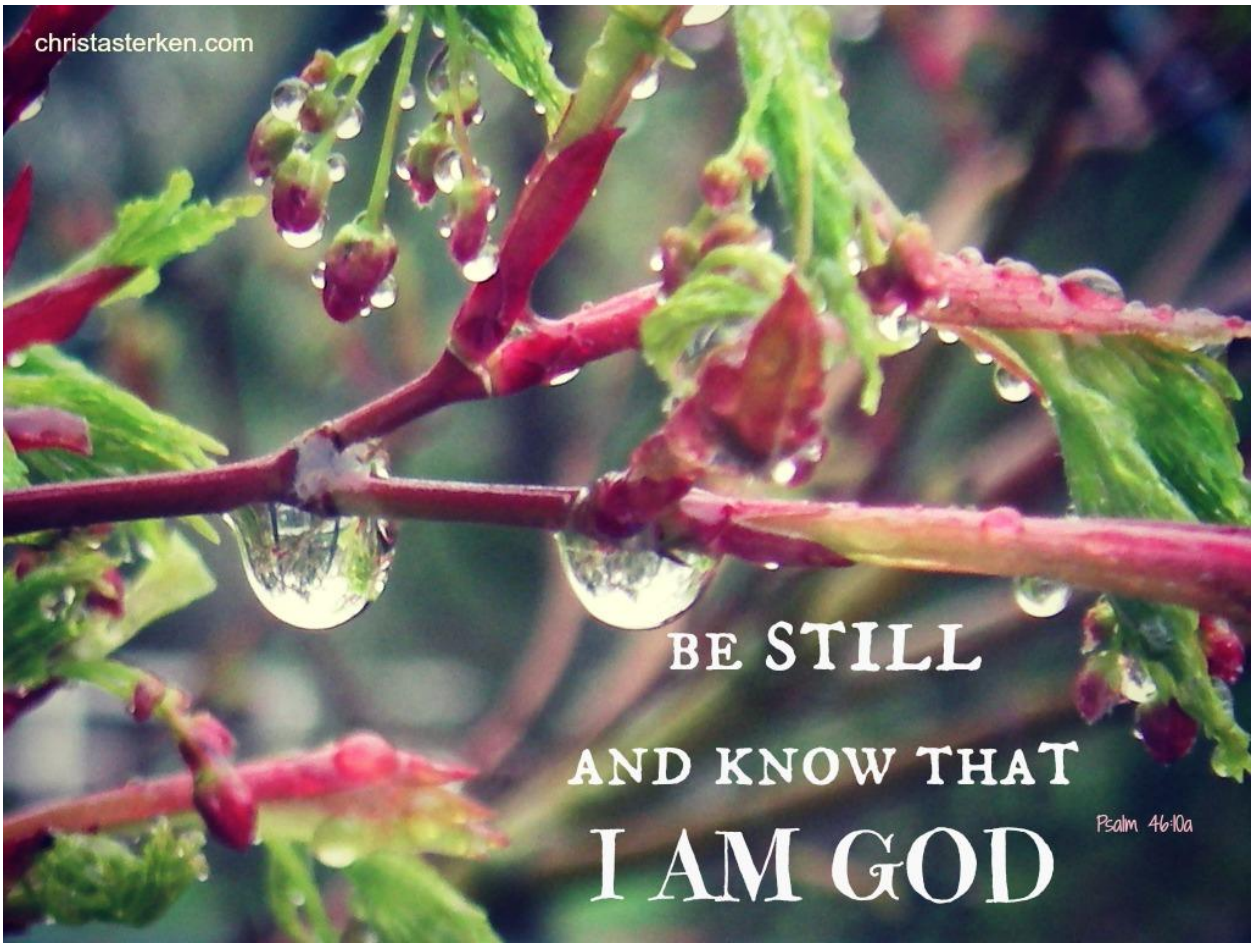
How can I know all the sins
lurking in my heart?
Cleanse me from these
hidden faults.
Keep your servant from
deliberate sins!
Don't let them control me.
Then I will be free of guilt
and innocent of great sin.
Psalm 19:12-13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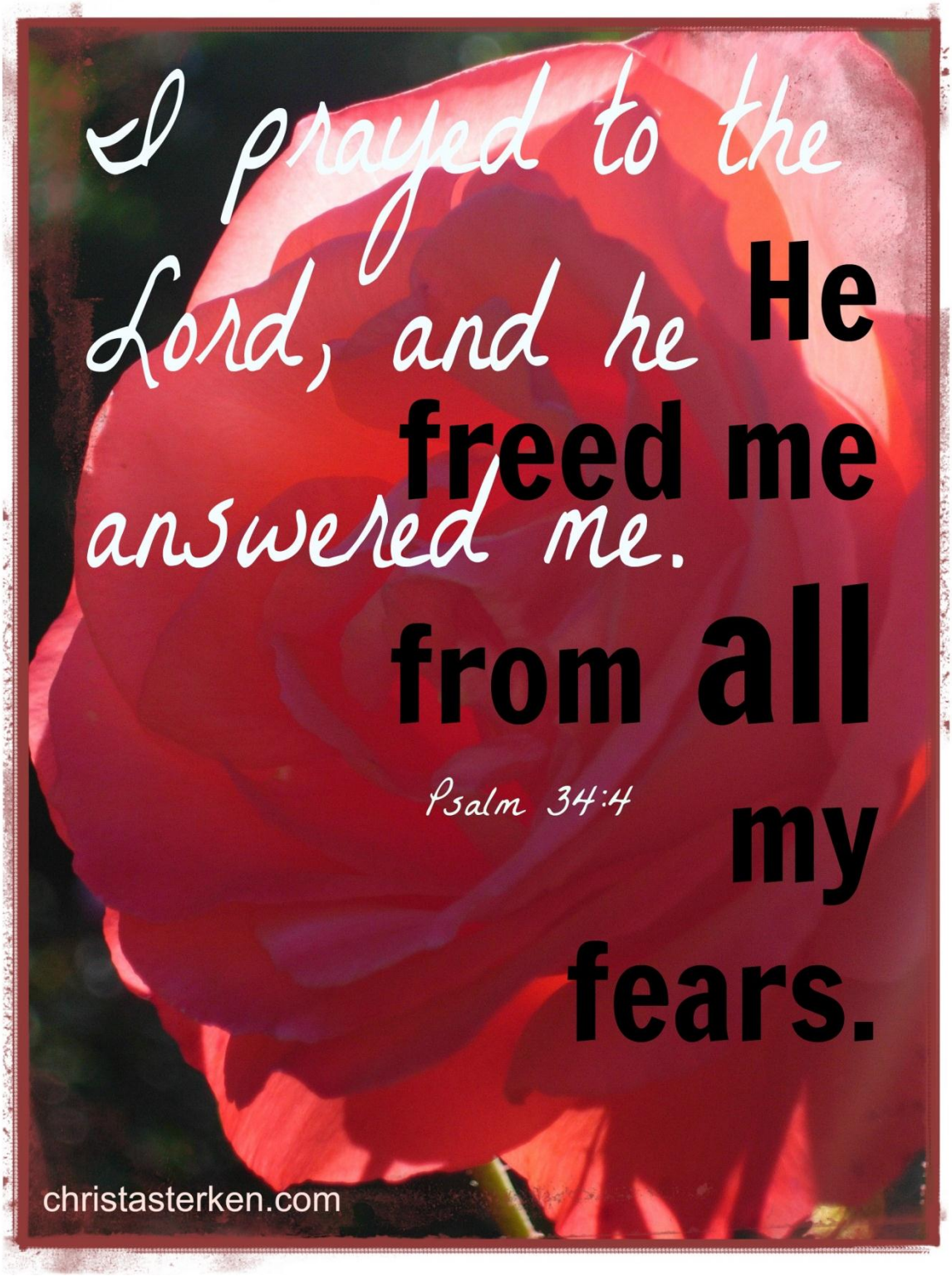
BE STILL
AND KNOW THAT
I AM GOD
Psalm 46:10a


I prayed to the Lord, and he answered me.
He freed me from all my fears.
Psalm 34:4
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THIS IS THE DAY THE LORD HAS MADE;
LET US REJOICE AND BE GLAD IN IT.
Psalm 118:24
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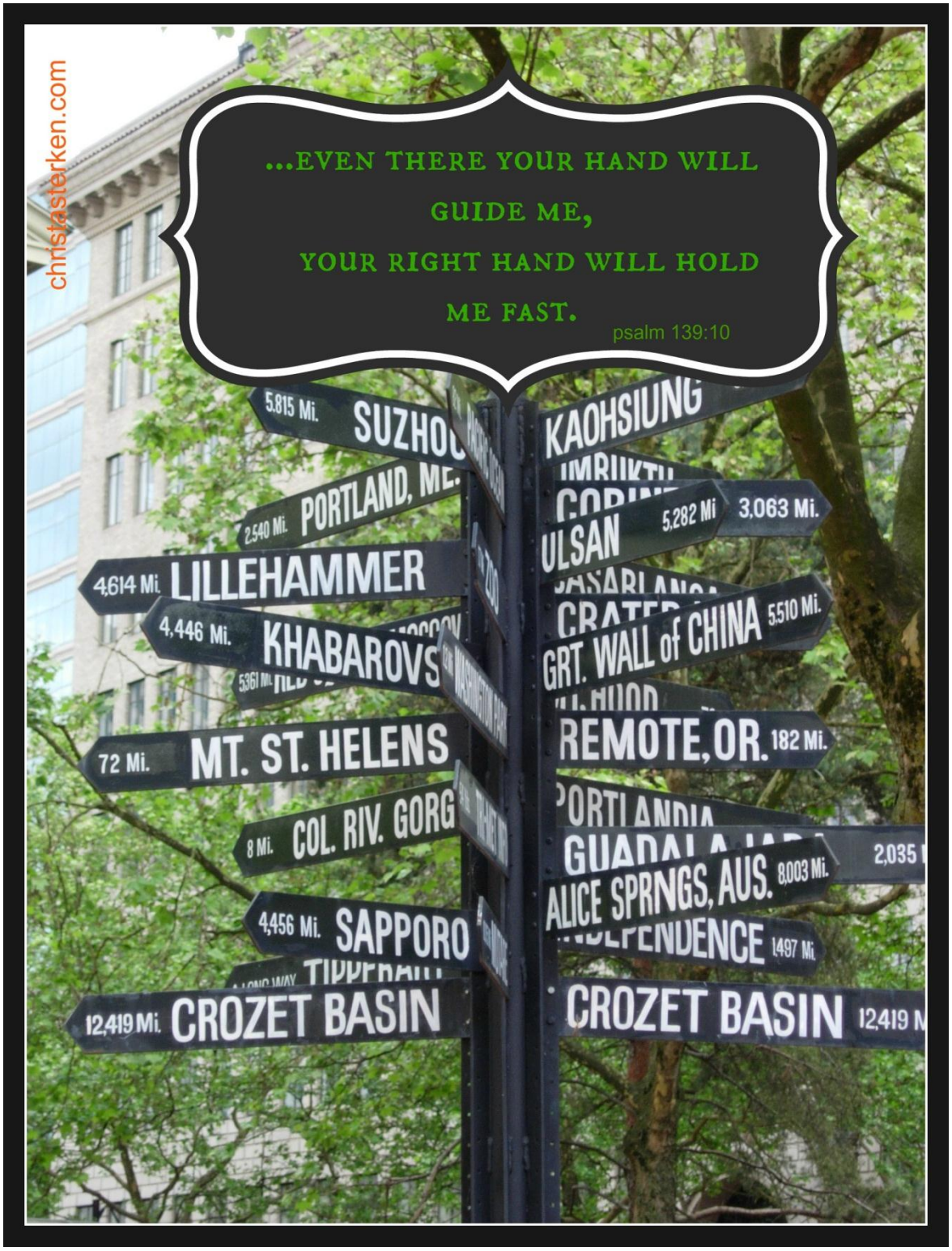
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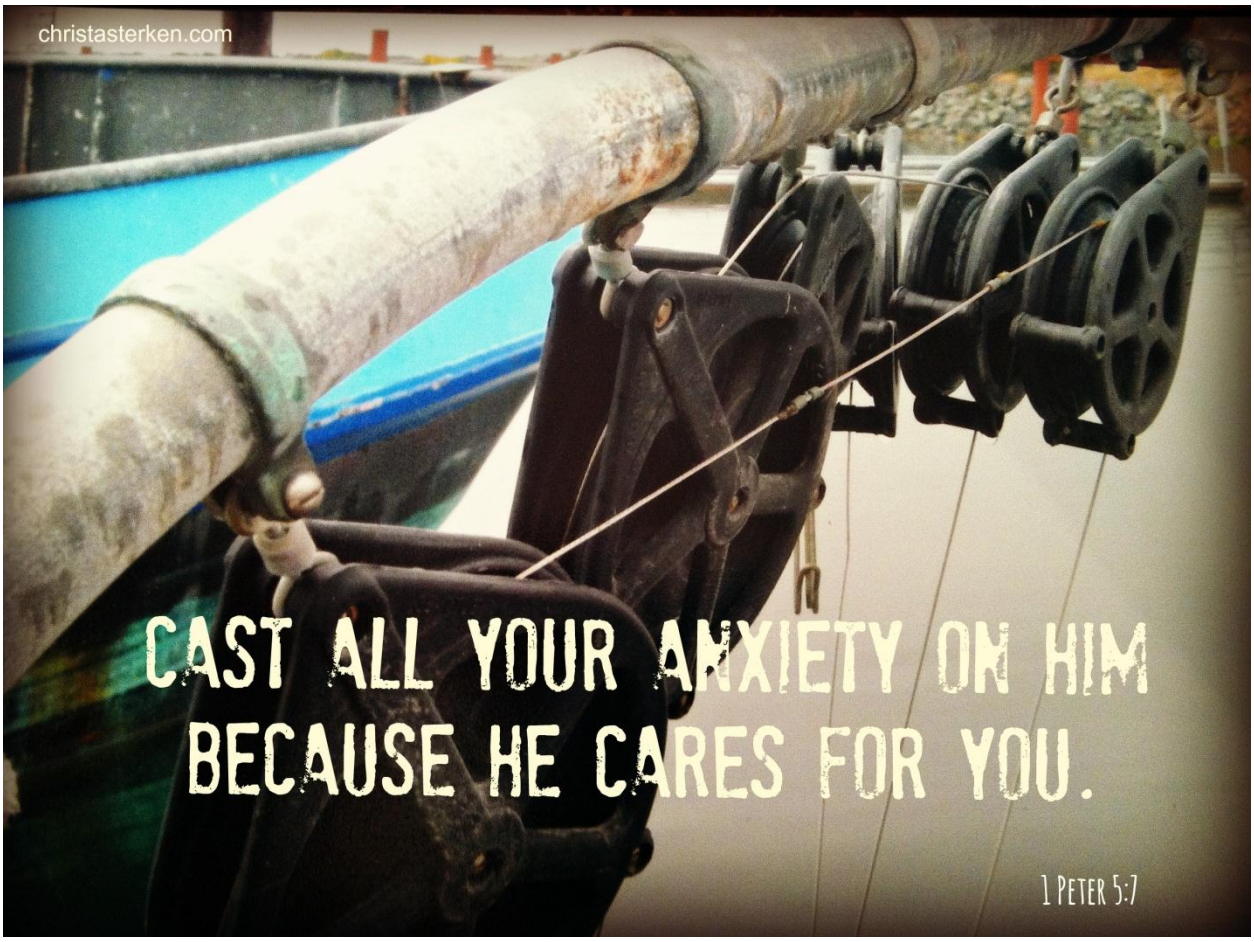
...EVEN THERE YOUR HAND WILL GUIDE ME, YOUR RIGHT HAND WILL HOLD ME FAST.
psalm 139:10
5,815 Mi. SUZHOU
2,540 Mi. PORTLAND, ME.
4,614 Mi. LILLEHAMMER
4,446 Mi. KHABAROVS
72 Mi. MT. ST. HELENS
8 Mi. COL. RIV. GORG
4,456 Mi. SAPPORO
12,419 Mi. CROZET BASIN
KAOHSIUNG
ULSAN 5,282 Mi
3,063 Mi.
GRT. WALL of CHINA 5,510 Mi.
REMOTE, OR. 182 Mi.
ALICE SPRNGS, AUS. 8,003 Mi.
1,497 Mi.
CROZET BASIN 12,419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CAST ALL YOUR ANXIETY ON HIM
BECAUSE HE CARES FOR YOU.
1 PETER 5:7

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You made all the delicate, inner parts of my body and knit me together in my mother's womb.
Thank you for making me so wonderfully complex!
Your workmanship is marvelous—how well I know it.
You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb.
You saw me before I was born. Every day of my life was recorded in your book.
Every moment was laid out before a single day had passed.
Psalm 139:13-16

TURN your
back on
sin
DO SOMETHING GOOD
Embrace
PEACE—
don't let
it get
away!
PSALM 34:14
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Committed to a life of purpose. Learning to live abundantly. Embracing creativity. Questioning. Delighting in the comforts of home and family. Determining not to settle only for how things *are*, but how they *could* be.

Christa Sterken humbly acknowledges being ½seen¾ by God in her times of need, and because of that, writes for you.

Genesis 16:13

"She gave this name to the LORD who spoke to her:

"You are the God who SEES me"

Life- One Word At A Time

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