Come, Holy Spirit, into my soul.

and help me know my sins.

Help me feel true remorse
and confess them humbly,
that I may enjoy the Father's forgiveness.

By your light illumine the darkness of my mind;
by your fire warm my cold heart.

May I realized the wrongs that I have done,
and the good that I failed to do.

Strengthen my determination to avoid these sins
in the future, and to live in Your love, peace and
joy.

Amen.

Anonymous Catholic Prayer
(Yours is the day, Lord...by Jeanie and David Gushee)

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