GOD, I AM BROKEN. IT FEELS IMPOSSIBLE TO THINK THAT DIFFICULTIES ARE GOOD FOR US.

YET, IF GIVEN THE CHANCE YOU HAVE ALWAYS PROVEN THAT YOU CAN MAKE ALL THINGS GOOD.

EVEN THOSE HARD TIMES.

I SEE WITHOUT THOSE HARD
THINGS MY FAITH WOULD NEVER
HAVE GROWN.

I WOULDN'T HAVE KNOWN YOU KEEP YOUR WORD IN AMAZING AND UNIMAGINABLE WAYS.

KEEP ME STRONG AND STEADY TODAY.

TEACH ME TO HOLD MY HEAD UP HIGH, AND TO GENTLY REST IT AGAINST YOU WHEN I AM WEARY.

AMEN