

Dear Lord,
Thank you for setting us free, for making it
crystal clear that we should not allow
ourselves to become bound to the things that
make us suffer.

That we can approach you with joy and
confidence. That where you are, there is
always freedom.

Thank you that your very son set us free,
making us free indeed.

When we are pressed hard, your words invite
us to find refuge in you. You shelter us in the
valley of suffering and lead us to a place of
comfort and beauty.

Because of this gift of freedom,
you ask us to share it as freely as
we received it.

May we bind up the broken-hearted,
proclaiming freedom for the captives.

In the name of Jesus, we thank you and say
Amen.