



You'll never regret having margin.
It pours into our marriage, our
mothering, our friendships, our
creativity, our work...everything
benefits from breathing room.

**Ask yourself these
questions before
committing:**

Does this activity directly
benefit my family?

Am I passionate about the
outcome of this commitment?

Is someone else qualified to
step into this role?

Am I acting out of guilt or out
of desire?

Is this a good thing, but at the
wrong time?