



Dear woman who feels like no one sees really sees her,

Deception is a liar. Your worth is inestimable, even when you feel unworthy.

Your marriage is not the sum of one bad season. Your parenting isn't dependent on being a Pinterest worthy mother.

Your lack of perfection is no worse, no different than anyone else. Your past doesn't define you or dictate your future. Incredible burdens come and go; whatever is hard right now will not last forever.

Beauty comes from ashes.

You are special. People you never will know about see you and feel your story. Prayers are powerful and you might be the recipient of more than you will hear of .

All friends start out as strangers. Don't be afraid to be vulnerable. Be courageous and find a group to encourage you as a mother, a wife and a friend. A daughter, a community member and a dreamer.

If you don't find what you need right away, don't give up. People care about each other. Don't ever, ever fall for the crappy news stories and editorials telling us the world sucks.

People are just mean and hateful, etc. Of course, there are such people...every crowd has them.

However, the world is full of beautiful humans that want to love you. To help you. To not judge you.

Keep trying. Your story is only partially told. The next chapter is always full of potential. You are worthy of love.

You are a work in progress, keep moving forward. You are imperfect and it is okay to be real. You are seen. You, yes YOU, are more important that you know.