

A prayer based on Phillipians 4:8

“Finally, brothers and sisters,

(insert your name here)

Whatever is true,

*(I might make mistakes, but I keep trying. God,
I know you forgive me for all things)*

Whatever is noble,

(I am a child of the King)

Whatever is right,

*(Jesus walks with me through ALL things,
I am not alone)*

Whatever is pure,

(I have so much to offer)

Whatever is lovely,

*(Recognize the beauty around you.
Don't skip this part!)*

Whatever is admirable

*(God is creating something amazing and through
my pain. There is purpose in my suffering)*

If anything is excellent or praiseworthy *(There
is hope in all situations)*

Think about such things.

*(Refuse to focus on the negative. Come back to
what is true, right)*

Jesus, I need you. Thank you for your promises.

Amen