Lord,

This time has been confusing, scary, and difficult. But you are not surprised. You have held me in ways that I can't even imagine, gently encouraging me when my trust falters.

While I make my plans, help me remember that you, Lord, determine my steps.

Remind me that I can trust in you because you will strengthen and help me.

When I fear, you are with me, protecting me from resting in my dismay.

Your promises are a refuge, words I don't want to forget. For as my refuge you are a place where I am sheltered from my troubles.

Thank you for offering me your perfect peace in my anxiety, and remind me again, Lord, when I forget to accept your generosity.

As I pray your own sweet words back to you, guide me and lead me upon a new path. Where I confidently anticipate your plans more than my own. I need you and love you. Amen